#### **Frequently Asked Questions**

### May I take other products at the same time as these?

If you are taking other herbal tinctures, we recommend taking them in a different cup of water and wait 15 minutes between products.

### Is it OK to take BLt™ & Crypto-Plus™ at the same time?

We recommend taking them in separate cups of water, with 15 minutes in between. However, if you are new to the products, it is best to use the first product for at least three days so that your body has time to adjust to it before adding the other product.

#### How far away from food is best?

45 minutes before or 2 hours after eating.

## What type of alcohol is used for extraction of the nutritional constituents and is it gluten-free?

We use organic cane alcohol which is gluten-free.

#### Why do you use alcohol as the product base?

It is the most efficacious approach to pull the active constituents from the roots of the herbals. It also is easily absorbed into the stomach and small intestines as well as sublingually, optimizing delivery of herbal constituents to circulation.

#### **Supplement Facts**

#### **BLt**<sup>TM</sup>

# Supplement Facts Serving Size: 20 drops Servings Per Container: 120 Amount Per Serving %Daily Value Ceanothus Americanus (Red Root) \* Smilax (Sarsaparilla) \* Lomatium Dissectum \* Eupatorium Perfoliatum (Boneset) \* Dipsacus (Teasel) \* Stillengia Sylvatica \* Juglans Nigra (Black Walnut hulls) \*

**OTHER INGREDIENTS:** Organic alcohol, distilled water, non-GMO sunflower phospholipids.

\*Daily Value not established.

#### **Crypto-Plus™**

# Supplement Facts Serving Size: 20 drops Servings Per Container: 120 Amount Per Serving %Daily Value Cryptolepis Sanguinolenta \* Lomatium Dissectum \* Ceanothus Americanus (Red Root) \* Juglans Nigra (Black Walnut hulls) \* Stillengia Sylvatica \* \*Daily Value not established.

**OTHER INGREDIENTS:** Organic alcohol, distilled water, non-GMO sunflower phospholipids.



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Available only through healthcare professionals

# Microbial BALANCERS

To create vibrant health



## Microbial Support - the layering effect

The body's internal terrain is composed of millions of microbes; many have a positive influence on the body while other pathogenic microbes adversely impact and degrade health. Maintaining a robust microbial balance is essential for optimal health.

When a patient is facing serious health challenges that are influenced by pathogens, the doctor may prescribe antibiotic therapy. However, prescription anti-microbials are not always tolerated or effective as a single therapy to achieve optimal health recovery. Many doctors find that nutritional support in the form of herbal microbial balancers may potentiate traditional antibiotic therapy. This "layering" strategy often provides the most comprehensive and synergistic outcomes versus a single therapeutic approach.

#### **Balanced Support**

A healthy body continually strives for healthy homeostasis, with all organ systems working harmoniously. When aggressively addressing one aspect of health, organ system or therapy, there can be a disruption of the body's healing process, while further potentiating dysfunction and disease progression.

Researched Nutritionals® offers two targeted and balanced microbial support formulations: BLt™ and Crypto-Plus™. These specialty dietary supplements promote:

- microbial health
- healthy inflammation response
- immune modulation
- organ and & detoxification support
- normal coagulation levels

 maximum nutrient absorption via its phospholipid delivery complex

These products are designed to work with or without antibiotics, are soy-free, GMOfree, and are readily incorporated into other treatment protocols.

#### What to Expect

Patient reaction to these advanced microbial balancers is similar to what one experiences when starting immune support protocols: some patients experience a "Herxheimer" reaction while others do not. However, a patient who reacts to antibiotics and/or other nutritional protocols should start slowly.

#### **Suggested Detox Protocol**

As with other immune support protocols, doctors open detoxification pathways and provide binders to move toxins out of the body. Many doctors incorporate **Tri-Fortify™ Orange** (1 teaspoon per day) and **PectaSol®** (three capsules per day) for at least three days prior to commencing and during microbial treatment.

#### BLt™ & Crypto-Plus™ Suggested Use

As with any new nutritional supplement, patients should start slowly. For best results, take away from meals and add to 1-3 ounces of water. If patient experiences nausea, have the patient dose the product 15-30 minutes after a light carbohydrate snack.

#### **Supplement Facts**

See back panel —

#### **STARTING DOSE FOR ADULTS:**

#### **Days 1-3**

3-5 drops in 1-3 ounces of water in the morning and again in the evening

#### Days 4 & beyond

Increase 3-5 drops every other day, in both morning and evening doses

#### **FULL DOSE FOR ADULTS:**

This would take 10-14 days to get to full dose of 40 drops in each the morning and the evening.

Another dosing strategy used by many doctors is to have patients work up to a double dose (80 - 90 drops twice per day).

#### **SENSITIVE PATIENTS:**

Start with Detox Protocol to the left plus repeat 30 minutes before taking BLt™ and/or Crypto-Plus™

Start with 1 drop in 1-3 ounces of water once per day, and slowly increase dose as your body is able to do so.

2 hours after taking BLt™ and/or Crypto-Plus™, repeat Detox Protocol

#### **ULTRA-SENSITIVE PATIENTS:**

Start by dosing every other day; consider having patient swish in mouth and spit out to minimize absorption